



Follow lane. 100 yds after sharp left bend escape right into estate by large tree



Keep right

Option: All-road route via Lavenham. Left then right.



Go straight across oblique crossroads



After 1/2 mile turn LEFT onto over-grown track.(1/4 mile). Warning: Track can be rutted with ruts hidden in the grass.

Follow lane to the Cock

Return the way you came, or left via Lavenham. There are many variations to explore. Get the map but watch out for Hartest hill!

I hope you enjoy getting out in the lovely Suffolk countryside and savouring one of the very best pubs in East Anglia. There are more rides on my web site. Comments and suggestions welcome.

Peter Fox

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16 mile novice ride



Sudbury - Circular trip

Cock at Brent Eleigh and back

Quiet route

STRAIGHT ahead to parking area with grassy bank behind

Up bank onto path turn LEFT and over bridge. DOWN other side then along GRENVILLE RD. Left at tee into ACTON LANE



Carry on into the country to ACTON

Option: Right is quickest road route via Lt. Waldingfield



RIGHT at tee then 150 yds LEFT into BARROW HILL



This is ideal for novices.

The only challenging bit to this ride is navigating through Sudbury.

After that the route is pretty level.

The route described has a bit of off-road but this is avoidable.

You can take your bike on the train to Sudbury.

If you like the idea then there are plenty of variations on the Sudbury-circular theme to explore.

Alternatives

The route described is the most direct and quiet but contains 1/4 mile of off-road track which may be impassible when the ground is soft. (See route description.)

The pretty village of Lavenham is just down the road with teashops etc.

Once you get used to visiting the Cock there are plenty of longer routes to explore.

Sudbury

Streetlife cycles (At bus station, near railway station) are very helpful. Open Mon-Sat.
CYCLE HIRE Tel (01787) 310940

Parking available near railway station.

Toilets at bus station.

Tourist information at town hall.

Take care on the town centre roads.

Finding the exit route is a nightmare.

The Cock at Brent Eleigh

Unspoilt pub open traditional hours

Real ale and real cider

No children

No food

Good company for people who like a good rabbit

Beer garden

12-3;6-11 Mon-Sun (7pm Sun)

Tell them the man with the silly hat sent you.

Route in detail from Sudbury railway station

Ordnance Survey Landranger Map No. 155.
The tricky bit is getting out of Sudbury - Please follow the instructions carefully. If you get lost ask for Acton Lane.

From Sudbury railway station turn RIGHT into town



Left at hairy junction followed IMMEDIATELY by getting into RIGHT lane. (You may be happier getting off and crossing on foot.)



Pass Town Hall on your left as you curve to the right.



Across the traffic lights



300 yards then turn left into ACTON LANE (just past Horse & Groom)